



It's something we all have.
In fact, we all have the same amount.

It may feel unbearably long
– or far too short.

But it's there. Always.

Maybe that's why we forget it.
Take it for granted?

We often fail to realise how precious it is
until we run out of it.

But right now, at this very moment,
we have plenty of it.

And we can spend it together.

Time to be together

Appetizer

Classic shrimp cocktail

Greenland shrimp with lettuce and just the right red dressing. Served with a warm bun and butter.

Main course

Jensens Bearnaise steak

170 g Angus rump steak – a tender piece of meat with no fat, but still with plenty of taste and character! Served with fries and Jensens Bearnaise Sauce.

230 g **+40**

Always with unlimited sauce and potatoes

Dessert

Queens Delight

A big crispy waffle with soft ice, sprinkled with chopped hazelnuts and plenty of chocolate sauce.



Jensens classic

3-course menu

Sometimes, you have to go all-in. Just because you can. You may want to extend the experience, enjoy a good time together with our 3-course menu.

2 courses 239

Choose from:

- Appetizer + main course
- Main course + dessert

3 courses 289

Includes appetizer,
main course and
dessert.

*Jensens
favourite*



Lunch

Until 4 pm

Always with unlimited sauce and potatoes



Jensens lunch steak 99

170 g Angus rump steak – a piece of meat with plenty of taste. With roasted potatoes and Jensens Favourite Sauce.

230 g **+40**



Beef patty 99

Beef patty served with warm peas, fries and Jensens Bearnaise Sauce.

Extra patty **+40**



Grilled chicken 129

Tender chicken breast – just as you know it. With roasted potatoes and Jensens Favourite Sauce.

Extra chicken breast **+40**



Grilled chicken thigh steak 89

Juicy chicken thigh steak with crispy skin. With roasted potatoes and Jensens Favourite Sauce.

Extra chicken thigh steak **+40**



Spareribs 99

250 g BBQ marinated Spareribs. Served with fries, BBQ sauce and coleslaw.



Pork tenderloin 99

170 g of juicy BBQ marinated pork tenderloin. With roasted potatoes and Jensens Favourite Sauce.

230 g **+30**



Chicken burger 129

Grilled chicken breast in brioche bun with bacon, cheddar, mayo, BBQ sauce, lettuce, tomato and pickled red onion. With fries and mayo.*



Classic burger 129

Patty of minced beef in brioche bun with bacon, cheddar, mayo, BBQ Sauce, lettuce, tomato and pickled red onion. With fries and mayo.*

Extra patty **+40**

*Unlimited on this dish applies to fries and dip.

Always with unlimited sauce and potatoes

The lunch you won't mind lasts longer than 30 minutes.



Jensens
lunch steak

99

*Jensens
favourite*

... - incl. the price

With our Jensens lunch steak, you'll be served a tender piece of meat – a 170 g Angus rump steak – making lunch the highlight of the day. It's full of flavour and served without the rim of fat. And, of course, with roasted potatoes and Jensens Favourite sauce.

If you really want to treat yourself in the middle of the day.

230 g **+40**

All weights are given in the meat's unprocessed condition. We are not responsible for misprint, price changes, late delivery and sold out goods.

Appetizers

A good appetizer doesn't just add to the taste experience. It also gives you more time together.



Classic shrimp cocktail 74

Greenland shrimp with lettuce and just the right red dressing. Served with a warm bun and butter.



Great price

One bowl of salad 34

Visit the salad bar and help yourself to one bowlful of your favourite fresh, crispy salad favourites – as an accompaniment to your main course.



Nachos 99

Crispy tortilla chips with cheddar and jalapeños. Served with guacamole, salsa and sour cream.

With chicken **+40**



Warm bread with butter 15

Jensens favourite snacks

Jensens favourite

Mozzarella sticks, cheese-baked jalapeños, hot wings, crispy hot wings, falafel or onion rings?

We've mixed a great snack basket with a little of each, served with BBQ sauce and garlic dip.

You can also mix your own snack basket with your personal favourites.



6 pcs. 59

- 1 pc. Hotwing
- 1 pc. Crispy Hotwing
- 1 pc. Cheese-baked jalapeño
- 1 pc. Mozzarella stick
- 1 pc. Falafel
- 1 pc. Onion ring

12 pcs. 99

- 2 pcs. Hotwings
- 2 pcs. Crispy Hotwings
- 2 pcs. Cheese-baked jalapeños
- 2 pcs. Mozzarella sticks
- 2 pcs. Falafel
- 2 pcs. Onion rings

Jensens Garlic bread

If you fancy something that packs a punch, is crunchy and has the wonderful taste of garlic, we think you'll absolutely love the taste of our garlic bread.

It's the perfect accompaniment – with a starter, main course or maybe even dessert. You decide. As long as you decide on garlic bread!



Jensens
Garlic bread

25

With cheese +5

Always with unlimited sauce and potatoes

Strip Steak



Whisky strip steak 299

280 g Angus strip steak – juicy steak with a thick fat rim for a special taste. Served with fries and Jensens Whisky Sauce.



Peber strip steak 299

280 g Angus strip steak – juicy steak with a thick fat rim for a special taste. Served with creamy potatoes and Jensens Pepper Sauce.

Tenderloin



Classic beef tenderloin 259

150 g Angus tenderloin of beef – a lean, tender piece of meat with a nice mild, rounded taste. Served with fries and Jensens Bearnaise Sauce.

Extra 150 g steak +79



Favourite beef tenderloin 259

150 g Angus tenderloin of beef – a lean, tender piece of meat with a nice mild, rounded taste. Served with roasted potatoes and Jensens Favourite Sauce.

Extra 150 g steak +79

Rib eye



Pappas steak 279

280 g Angus rib eye – with fat marbling, which is like an eye in the middle of the cut, giving flavour to the whole steak. Served with fries and Jensens Bearnaise Sauce.



Whisky rib eye 279

280 g Angus rib eye – with fat marbling, which is like an eye in the middle of the cut, giving flavour to the whole steak. Served with fries and Jensens Whisky Sauce.

...with your
premium
steak

One bowl
of salad

25

Normal price 34

Unlimited

We always serve potatoes and sauce ad lib with our steaks. If you're keen to eat your greens, you can buy a bowl of salad as a side-dish for your premium steak.

Premium taste

Tenderloin

The most tender cut of beef bar none. Tenderloin has no fat marbling and is therefore also a very lean cut of meat with a lovely mild, rounded taste. Pure meat pampering.

Classic beef
tenderloin

259

Jensens
favourite



Why settle for one when you can have two?

For just DKK 79, you get an extra 150 g
of Angus beef tenderloin on your plate.
It's twice as much steak pampering.

Steaks

All our steaks are cut according to our own specifications. Taste and texture are individual, but whichever cut you choose, we guarantee you a tender and juicy steak.

Always with unlimited sauce and potatoes



Beef patty 139

Beef patty served with warm peas, fries and Jensens Bearnaise Sauce.

Extra patty **+40**



Rump steak & salad bar 229

170 g Angus rump steak with bread or a baked potato – and, of course, you can have as much as you like from the self-service salad bar*.

230 g **+40**

**Unlimited sauce and potatoes is not included in this dish, but available as an optional extra.*

Time is of the essence – especially when cooking your steak

Tell us how you like your steak. Then we'll know how long to grill it. If you ask our opinion, we will always recommend medium, as this ensures a juicy and tender piece of meat with a beautiful pink colour. But if you want yours red or well done, all you have to do is let us know.



Jensens Favourite Steak 199

170 g Angus rump steak – a tender piece of meat with no fat, but still with plenty of taste and character! Served with roasted potatoes and Jensens Favourite Sauce.

230 g **+40**

We recommend a good draught beer to complement your steak



Kronenbourg 1664 Blanc

(5%) Soft creamy beer with elements of acidity and sweetness, without any bitterness.

60cl **91** 40cl **74**

Jensens Bearnaise Steak

Angus rump steak – a tender piece of meat with no fat, but still with plenty of taste and character!
Served with fries and Jensens Bearnaise Sauce.

230 g +40



Jensens
Bearnaise Steak

199

170 g

*Jensens
favourite*

... - incl. the price

Burgers

If there's one thing you can't go wrong with, it's a good burger. We have three delicious classics to choose from, so there's something for every burgerloving soul.

Our burgers are composed with love and, of course, always consist of the freshest ingredients.

Which one will you try?

Always with unlimited dip and fries



Classic burger

139

Patty of minced beef in brioche bun with bacon, cheddar, mayo, BBQ sauce, lettuce, tomato and pickled red onion. Served with fries and mayo.

Extra patty **+40**



Chicken burger

139

Grilled chicken breast in brioche bun with bacon, cheddar, mayo, BBQ Sauce, lettuce, tomato and pickled red onion. Served with fries and mayo.



Vegetarian burger*

139

Plant-based patty from Beyond Meat in wholemeal bun with cheddar, mayo, BBQ sauce, lettuce, tomato and pickled red onion. Served with fries and mayo.

Extra veggie patty **+40**

*Vegan?

Then we'll prepare your veggie burger without cheddar and mayo, and serve it in a gluten-free bun, baked without butter.

Perfect
snacks for
your burger



Favorit Offers from just 15

Are you the kind of person who likes a few extra nibbles on the side? Then our Favourite Offers are meant for you: Tempting little dishes that you'll definitely have room for. We've collected everything from onion rings to Chili Cheese Poppers and snack ribs.

Premium burgers

Fancy making it extra tasty? Well, we've got just the thing for the adventurous burger-lover. We have three extravagant Premium burgers for you, created with the maxim 'wilder is better' in mind. Crisps or onion rings in a burger? No problem. Or how about a dash of Jensens Bearnaise Sauce inside?

Always with unlimited dip and fries



Premium Burger
free choice

159

*Jensens
favourite*

VegMex burger*

Plant-based patty from *Beyond Meat* in a whole-grain bun with cheddar, guacamole, salsa, mayo, salad, pickled red onions, jalapeños and crispy nachos. Served with fries and mayo.

Extra veggie patty **+40**

Bearnaise burger

Patty of minced beef in brioche bun with bacon, mayo, lettuce, tomato, pickled red onion and Jensens Bearnaise Sauce. Served with fries and mayo.

Extra patty **+40**

Beastburger

Minced beef patty in a brioche bun with bacon, cheddar, thyme mayo, BBQ-marinate, salad, caramelised onion and crispy onion rings. Served with fries and mayo.

Extra patty **+40**

BBQ, chicken & fish

Even though we call ourselves a steakhouse,
there are also other great things on the menu.
All kinds of taste buds are welcome here.

Always with unlimited sauce and potatoes



Grilled chicken thigh steak 139

Juicy chicken thigh steak with crispy skin. Served with roasted potatoes and Jensens Favourite Sauce.

Extra chicken thigh steak **+40**



Great price

Pork tenderloin 139

170 g of juicy BBQ marinated pork tenderloin. Served with roasted potatoes and Jensens Favourite Sauce.

230 g **+30**



Grilled chicken 159

Tender chicken breast – just as you know it. Served with roasted potatoes and Jensens Favourite Sauce.

Extra chicken breast **+40**



Salmon fillet 179

180 g Nordic salmon fillet with herb butter. Served with a baked potato with herb butter and Jensens Bearnaise Sauce.



Grilled chicken & salad bar 169

Juicy chicken thigh steak with crispy skin. Add bread or a baked potato – and, of course, have as much as you like from the self-service salad bar*.

Extra chicken thigh steak **+40**



Salmon fillet & salad bar 209

180 g Nordic salmon fillet with herb butter. Add bread or a baked potato – and, of course, have as much as you like from the self-service salad bar*.

*Unlimited sauce and potatoes is not included in this dish, but available as an optional extra.

ORIGINAL SPARERIBS

Are you ready to get sticky fingers? Yes?
Then go ahead and eat our spareribs with your fingers!
In fact, they taste even better that way.

350 g BBQ marinated and meltingly tender Spareribs. Served with fries, BBQ sauce and coleslaw.

189

For those who can never get enough Spareribs. And yes, you can eat with your fingers.

289

Always with unlimited sauce and potatoes



All you can eat
spareribs

289

All you can eat

*Jensens
favourite*

Sides



Garlic bread

Stone oven-baked ciabatta with garlic/parsley butter.

With cheese +5

25



Warm bread with butter

15

Perfect for everything

Sauce & potatoes

Have you chosen a dish with unlimited sauce and potatoes?

We'll be delighted to keep serving you extra portions for as long as you want. But only one portion at a time – after all, sometimes your eyes are bigger than your stomach.

Have you chosen a dish without sauce and potatoes?

Så har du mulighed for at tilkøbe lige så mange sides, som din appetit kalder på. Vælg mellem:

Potatoes 10 each

Fries
Roasted potatoes
Creamy potatoes
Baked potato with herb butter, garlic butter or chive creme

Sauces 10 each

Favourite Sauce
Whisky Sauce
Pepper Sauce
Bearnaise Sauce

Dip & butter 6 each

Mayo
Ketchup
Garlic dip
BBQ Sauce
Chives creme
Garlic butter
Herb butter

Salad

Mix your own favourite salad at our salad bar, with as many refills as you want. Or have a single bowl of salad with your main course.

Self-service salad bar

139

As a main course, including bread or a baked potato with herb butter.

With chicken thigh steak **+30**

With salmon fillet **+70**

With rump steak **+90**

Self-service salad bar

39

As an accompaniment to your main course.

One bowl of salad **34**

Mix your own single bowl of salad as an accompaniment to your main course.

Self serve
salad bar

39

As a side dish



Desserts



Cheesecake 59

Hand-made and lactose-free cheesecake. Made of cream cheese, topped with passion fruit jelly, on a base of crushed Oreo biscuits. Served with passion fruit purée.



Belgian chocolate cake 59

Warm chocolate cake filled with real Belgian chocolate. Served with soft ice and chopped hazelnuts.



Banana split 59

Banana with soft ice and chocolate sauce, sprinkled with chopped hazelnuts and chocolate chips.



Great price

Soft ice per person 59

Enjoy all the soft ice you can eat and top with all our crispy, sweet toppings and sauces.

Coffee & tea

Coffee and tea unlimited.....	25
Espresso.....	29
Hot cocoa.....	30
Caffe latte.....	35
Cappuccino.....	35

Iced coffee	39
Iced coffee deluxe....	49
Caramel syrup	+5
Irish Coffee.....	54
2 cl Tullamore Dew whiskey	
4 cl +30	



Queens Delight

A big crispy waffle with soft ice, sprinkled with chopped hazelnuts and plenty of chocolate sauce.

It's important to care of your sweet tooth, a happy person once said. And what harm can a single dessert do?



Queens Delight

59

*Jensens
favourite*

Craft beer

Make it a unique experience.
Try one of our craft beers to add
even more taste to your food.



Kronenbourg 1664 Blanc

(5%) Soft creamy beer
with elements of acidity
and sweetness, without
any bitterness.

60 cl **91**
40 cl **74**



Kronenbourg 1664 Rosé

(4,5%) Refreshing wheat
beer with fruity notes of
red berries.

60 cl **91**
40 cl **74**



Grimbergen Belgian Pale Ale

(5,5%) The taste is well-
balanced with a little
sweetness.

60 cl **91**
40 cl **74**



Grimbergen Double-Ambrée

(6,5%) Sweet, with
sufficient bitterness to
make for a wonderful
balance.

60 cl **91**
40 cl **74**



Brooklyn Lager

(5,2%) The taste is
rich, with a round malty
sweetness and balanced
bitterness.

40 cl **87**



Jacobsen Brown Ale

(6%) The taste is a
fine balance between
caramel sweetness and
malted bitterness.

40 cl **87**



Jacobsen Viva Classic!

(5,5%) An amber golden
beer with malt sweetness
and a well balanced bit-
terness – a tribute to the
beer type Classic!

40 cl **87**



Jacobsen Yakima IPA

(6,5%) Prolonged bitter
taste with an exotic and
refreshing aroma and
tropical accents.

40 cl **87**

The selection may vary by season.

Beer

Carlsberg Pilsner 75 cl 81

(4,6%) Light golden lager with a good balance between mild bitterness and light sweetness.

60 cl 69

40 cl 56

Tuborg Classic 75 cl 93

(4,6%) A dark and slightly complex pilsner with a pleasant toasted taste and a little sweetness.

60 cl 79

40 cl 64

Refill

per refill 20

Per person. Only for Carlsberg Pilsner og Tuborg Classic.

Brooklyn Special Effects Hoppy Lager

Btl. 59

New

Alcohol-free amber lager

(0,4%) A great hoppy taste and a satisfying bitter aftertaste. The beer has a clear copper-brown foaming crown and an understated hop aroma of tropical fruits and citrus.

60 cl pilsner

69

Per refill

20



Cocktails

Here's to more good times together!

Single (3 cl) **64** | **Double** (6 cl) **89**



Gin & Tonic - klassisk

Whitley Neil Original Gin in an enchanting mix with Double Dutch Indian Tonic. Simple and sophisticated. Just the way you like it.



Spiced Cuba Libre

Love rum and cola? Then you'll love this too. It's the classic drink as you know it. Just a little bit better.



Gin & Tonic - raspberry

Whitley Neil Raspberry Gin and Double Dutch Indian Tonic. A sweet, fresh interpretation of the classic G&T.



RhubarBalula

A seductively sweet cocktail, where the taste of fresh rhubarb is intertwined with ginger.



Gin & Tonic - quince

Whitley Neil Quince Gin in good company with Double Dutch Watermelon & Cucumber Tonic. It tastes of sun and summer – so, how about another one?



Stormy Passion

A brilliant re-imagining where Dead Man's Fingers Passionfruit Rum and Double Dutch Ginger Beer create the perfect combination of sweet and spicy!

Soda

Soda is an indulgence. And right now is the perfect time to indulge – together with the ones you hold dear.

75 cl **66** | 50 cl **55** | 25 cl **39**

Remember you can get refills on soft drinks



Coca-Cola

Coca-Cola Zero

Sprite Zero

Carlsberg Sport

Fanta

Schweppes Lemon

Sparkling water

Refill per refill **20**
Per person. Only for soda.

Juice & water

New

Craft Lemonade

Btl. **49**

Lemon Lime Sunshine

Organic lemon-and-lime flavour lemonade with a dash of mint and ginger. Tastes of summer and sunshine.

Apple juice

Btl. **29**

Classic apple juice from Rynkeby since 1934.

Orange juice

Btl. **29**

Solita orange juice – a natural product.

New

Craft Lemonade

Btl. **49**

Rhubarb Heaven

Organic rhubarb-flavour lemonade with a delightfully acidic touch of lime and a hint of hibiscus.

Elderflower

Btl. **29**

Refreshing taste of elderflower.

Water

25

1 carafe of still water.

Bubbly & Rosé wine

Including water

Duc de Foix

Cava Brut

Fresh, fruity and sparklingly delicious. Spain, Penedès.

🍷 225

🍷 49

Aimé Roquesante

Rosé from Côtes de Provence

Elegant, dry, with deliciously refreshing notes of pink grapefruit. France, Côtes de Provence

🍷 249

🍷 89

🍷 64

White wine

Including water

Sartori

Marani Bianco Veronese I.G.T.

Delicious tropical undertones of honey, delightfully soft and full-bodied. We call it "White Amarone". Italy, Veneto

🍷 299

Villa Antinori

Bianco Blend

Light, fresh and with lots of lovely nuances in flavour. Italy, Tuscany

🍷 309

Los Tilos

Sauvignon Blanc

Wonderful combination of fruit, acid and a touch of sweetness. Chile, Central Valley

🍷 199

🍷 69

🍷 49



Spindler Lindenhof
Riesling
Fruity, very fresh and extremely elegant. Germany, Pfalz

🍷 249 🍷 79 🍷 59

American Wings

Chardonnay

Lovely round body with an abundance of tropical notes. USA, California

🍷 219

🍷 74

🍷 54

Specially-selected whites from Jansens wine cellar

White wine able to give that little extra taste experience – without being reflected in the price.



Robert Mondavi

Chardonnay, Private Selection

If you're missing the sun, summer and ripe fruit, choose this Chardonnay. It's a symphony of tropical notes, baked apples, poached pears, pineapple and lime. Juicy, delicious and rounded. A guaranteed hit.

	329
	119
	99



Wachenheimer

Weinbau Der Lebenshilfe

This is everything you'd expect from a good German Riesling! Lime citrus, herbs, ripe apples and emphatically yet pleasantly acidic. The fruity notes ring true in flavour and aroma. With a delicate suggestion of minerals, for an expressive wine.

	299
	109
	79

Red wine

Including water

Castello Banfi

Brunello di Montalcino

King of Tuscany.

A wealth of flavour nuances.

Italy, Tuscany

 499

American Wings

Zinfandel

Delightfully soft, full-bodied and mildly spicy fruit flavours.

USA, California

 219

 74

 54

Villa Antinori

Chianti Classico Riserva

Fine dark chocolate, cherries, wood, tobacco and fresh acid.

Italy, Florence

 399


Los Tilos


Cabernet Sauvignon

Soft and full-bodied with a pleasant touch of sweetness.

Chile, Central Valley

 199

 69

 49

14 Hands

Cabernet Sauvignon

Intense, rich yet velvety. Spicy and with notes of dark cherries and cocoa.

USA, Washington

 309

 119

 89

Mommessin

Bourgogne Pinot Noir

Rounded and enchanting. Delicate taste of red berries.

France, Burgundy

 359

 135

 95


La Planta

Ribera del Duero

An explosion of fruit and spices to excite the senses.

Spain, Ribera Del Duero

 299

 109

 79

Sensens favourite



Villa Molino San

Valpolicella Ripasso

D.O.C.

Our "Mini Amarone" with a strong, rich flavour.

Italy, Veneto

 249

 89

 64

Specially-selected reds from Jansens wine cellar

Red wine with a taste that's a little bit more than just classic. But still at classic prices.



Habla la Tierra

Tempranillo-Cabernet Sauvignon

Fresh, deep, light and powerful at the same time, with clear tannins and a delightfully fruity aftertaste. The colour is intense cherry red, and there are hints of tomato leaves, aniseed and chamomile in the nose. All in all, a truly wonderful wine!

 **314**
 **115**
 **84**



Bardos Crianza

D.O Ribera del Duero

A dense, robust wine, with a deep cherry red colour and a dark violet edge. The ripe, dark fruits are prominent in the nose, with notes of tobacco and leather from the barrel. Silky-smooth on the palate, with a satisfying structure and a clear freshness to complement the wellbalanced tannins.

 **349**
 **129**
 **94**



Dezzani

Barbaverde Bio, Organic Barbera D.O.C.

Complex fruit aroma and a light touch of spices. The taste is both elegant and silky-soft, with plenty of body.

 **259**
 **94**
 **69**

Club JENSENS[★]

– more good reasons to
spend time together.

Earn discount points

Members of Club Jensens earn points on their bill (except drinks) every time they eat in or pick up take-away. Points you can use to pay next time*.

Welcome gift

When you sign up, we add 2000 points to your account within seven days of activation. That's equivalent to DKK 100 that you can spend the next time you're with us*.

Dessert on your birthday

We'll give you and everyone in your party a free dessert if you invite the family for your birthday at Jensens Bøfhus. Valid from one week before until one week after your birthday.*

Child discount every Sunday

Every Sunday, children (up to age 12) of Club members qualify for an optional children's main course and a self-service soft ice cream for HALF PRICE*.

Questions?

Ask your host/ess if you're curious about Club Jensens.

*Terms and Conditions and enrolment form are available at:
www.clubjensens.dk



Scan the code to see the
list of allergens