



Welcome to Jensens Bøfhus

Our ambition has always been to serve tender steaks, great salads and the sauces you know and love – at prices that make everyone feel welcome. And it looks like we're doing something right.

We've been the Danes' favourite steak house for the last 30 years. And we're proud of that. Because we are making an effort.

But we couldn't do it without our guests. We always listen to the feedback we receive on an ongoing basis, which means you will sometimes find new items on our menu alongside the familiar ones.

Our expert staff are ready to advise you on your selections – the steaks, the wines and the meal deals – to ensure you get the exact experience you are hoping for – and more.

On behalf of all of us at Jensens Bøfhus:

Welcome!
And bon appétit!

Anders Engdahl
Managing Director, Jensens Bøfhus

Lunch

Every day until 4 pm

Jensens Lunch Steak

259,-

170g rump steak served with fries and steakhouse sauce.

Allergens: S, SE, M, GB, GH, SN, SK

230g **+60,-**

Grilled chicken

252,-

Tender and juicy chicken breast served with fries and steakhouse sauce.

Allergens: M, S, GB, GH, SE, SN, SK

Extra chicken breast **+60,-**

Pork tenderloin

244,-

230g juicy BBQ marinated pork tenderloin. With creamy potatoes and steakhouse sauce.

Allergens: GH, S, M, SE, SN, GB



Scampi fritti

214,-

Tempura shrimps in crispy shells with lettuce leaves, lemon, and tartare sauce. Served with bread and butter.

Allergens: GH, GB, GR, SK, SF, E, SN, M



Serrano ham

214,-

Spanish air-dried ham on a base of lettuce leaves with Grana Padano flakes, tomatoes and oil. Served with bread and butter.

Allergens: GH, GB, GR, M, E



Smoked salmon

229,-

Cold-smoked salmon served with lettuce, herbs, sun-dried tomato and sauce verte. Served with bread and butter.

Allergens: F, E, SN GH, GB, GR, M

A little extra...

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.

Allergens: GH, GB, M, SM

Garlic bread

69,-



Pork tenderloin

Juicy BBQ marinated fillet of pork.
Served with crispy sliced potatoes
and steakhouse sauce.



Pork tenderloin

244,-

Extra sauce and potatoes.

**Potatoes
price each 35,-**

Fries (GH, SE, SK)

Roasted potatoes

Creamy potatoes (M)

**Sauce price
per portion 29,-**

Steakhouse sauce
(S, GH, M, GB, SE, SN)

Bearnaise sauce (M, E)

Pepper sauce (S, SN, M)

All weights are given in the meat's unprocessed condition. We are not responsible for misprint, price changes, late delivery and sold out goods.

Starters



Bruschetta

79,-

Stone oven baked ciabatta bread with garlic parsley butter and topped with chopped squash, onion and tomatoes.

Allergens: GH, GB, M, SM



Garlic bread

69,-

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella.

Also available without cheese

Allergens: GH, GB, M, SM

Jensens Favourite snacks

Mozzarella sticks, cheese-baked jalapeños, hotwings, crispy hotwings, falafel or onion rings? Tough choice.

But who says you have to choose? We don't.

That's why we've mixed a great snack basket with a little of each, served with BBQ sauce (SE) and garlic dip (M, SF).

You can also mix your own snack basket with your personal favourites.

6 pcs. 149,-

- 1 pc. Hotwing (GH, SK)
- 1 pc. Crispy hotwing (GH, SK)
- 1 pc. Cheese-baked jalapeños (M, GH, SK)
- 1 pc. Mozzarella stick (M, GH, SK)
- 2 pcs. Onion rings (M, GH, GB, SK)

12 pcs. 249,-

- 3 pcs. Hotwings (GH, SK)
- 2 pcs. Crispy hotwings (GH, SK)
- 2 pcs. Cheese-baked jalapeños (M, GH, SK)
- 2 pcs. Mozzarella sticks (M, GH, SK)
- 3 pcs. Onion rings (M, GH, GB, SK)

Jensens
favourite



Jensens Favourite snacks

We've mixed a great snack basket
with a little of each, served with
BBQ sauce and garlic dip.

12 pcs.

249,-



Jensens classic

3-course menu

Starter

Jensens Favourite Snacks

6 pcs. Cheese-baked jalapeños (M, GH, SK), mozzarella sticks (M, GH, SK), onion rings (GH, M, GB, SK), hotwings (GH, SK), crispy hotwings (GH, SK). Served with BBQ sauce (SE) and garlic dip (M, SF).

12 pcs. **+99,-**

Main course

Rump steak

170 g rump steak served with fries and steakhouse sauce*.

Allergens: S, SE, M, GB, GH, SN, SK

230 g **+60,-**

Dessert

Queens Delight

A crisp waffle with soft ice cream, sprinkled with chopped hazelnuts and plenty of chocolate sauce.

Allergens: E, M, GH, N, NH, S

3-course menu

Starter, main course and dessert.

2-course menu

Starter + main course or
main course + dessert.

**3-course
classic menu**

499,-

**2-course
classic menu**

399,-

**Always with extra sauce and potatoes.*

Quality time on the menu.



3-course
classic menu

499,-

Steaks

All our steaks are cut according to our own specifications. Taste and texture are individual, but whichever cut you choose, we guarantee you a tender and juicy steak.

Always with extra sauce and potatoes

Rump steak

359,-

170 g rump steak served with fries and steakhouse sauce.

Allergens: S, GH, M, GB, SE, SN, SK

230 g **+60,-**

Tenderloin

499,-

200 g tenderloin served with fries and bearnaise sauce.

Allergens: GH, E, M, SE, SK

Entrecôte

499,-

300 g entrecôte served with fries and pepper sauce.

Allergens: S, M, GH, GB, SN, SE, SK

Rare

Medium

Well done

Time is of the essence

– especially when cooking your steak

Tell us how you like your steak. Then we'll know how long to grill it. If you ask our opinion, we will always recommend medium, as this ensures a juicy and tender piece of meat with a beautiful pink colour. But if you want yours red or well done, all you have to do is let us know.

The chef's favorite!

A great, juicy cut for those who love a steak that's big on flavour.

Tenderloin
200 g

499,-

We recommend



**Domaine
du Séminaire**
Côtes-du-Rhône
rouge AOP organic

25 cl. **149,-**
Btl. **399,-**

Burgers

Jensens Bearnaise burger

329,-

Patty of minced beef* in brioche bun with bacon, mayo, lettuce, tomato, pickled red onion and bearnaise sauce. Served with fries and ketchup.

Allergens: M, S, GH, SE, SN, SM, GR, E, SK

Extra beef patty **+70,-**

Bacon/cheeseburger

329,-

Patty of minced beef* in brioche bun with bacon, cheddar-mozzarella, mayo, BBQ sauce, lettuce, tomato and pickled red onion. Served with fries and ketchup.

Allergens: M, S, GH, SE, SN, SM, GR, E, SK

Extra beef patty **+70,-**

Chicken burger

329,-

Juicy chicken breast in brioche bun with cheddar-mozzarella, mayo, BBQ sauce, lettuce, tomato and pickled red onion. Served with fries and ketchup.

Allergens: GH, E, GR, SM, S, SE, SN, M, SK

Vegetarian burger

329,-

Plant-based patty in brioche bun with cheddar-mozzarella, mayo, BBQ sauce, lettuce, tomato and home-pickled red onion. Served with crispy fries and ketchup.

Allergens: E, M, S, GH, SE, SN, SM, GR, SK

Contains pea proteins, take particular care if anyone is hypersensitive to legumes.

Extra veggie patty **+70,-**

Vegan?

If you are a vegan, we'll prepare your veggie burger without cheese and mayo, and serve it in a gluten-free bun, baked without butter.

Fries and dip

You can of course also have your fill of fries and dip when you order one of our burgers after 4 pm. And extra fries and dips means extra time together. So, who wants another round?



Perfect
snacks for
your burger

Snacks to go with your burger:

Chicken nuggets 3 pcs. **59,-**

Allergens: SK, GH, GB, GR, SE

Chili cheese poppers 4 pcs. **69,-**

Allergens: SK, M, GH, GB, GR

Hotwings 3 pcs. **69,-**

Allergens: S, SK

Extras to go with your burger:

Cheese Allergens: M **20,-**

Bacon **20,-**

Onion rings 3 pcs. **45,-**

Allergens: M, GH, GB, SK

**Unless you request otherwise, we'll serve your steak slightly pink to ensure it's juicy and tastes just right.*

Jensens Bearnaise burger

Patty of minced beef in brioche bun with bacon, mayo, lettuce, tomato, pickled red onion and bearnaise sauce. Served with fries and ketchup.



*Jensens
favourite*

Jensens
Bearnaise burger

329,-

Extra beef patty
+70,-

BBQ, chicken and fish

Always with extra sauce and potatoes

Original spareribs

BBQ marinated and meltingly tender spareribs.
Served with fries, BBQ sauce and coleslaw.

Allergens: S, GH, SE, E, SN, M

349,-

200 g extra **+129,-**

Pork tenderloin

349,-

230 g juicy BBQ marinated pork tenderloin.
With creamy potatoes and steakhouse sauce.

Allergens: GH, S, M, SE, SN, GB

Grilled salmon

359,-

2 pcs. grilled salmon served with
grilled potatoes and dill butter.

Allergens: F, M, SF

Grilled chicken

252,-

Tender and juicy chicken breast
served with fries and steakhouse sauce.

Allergens: M, S, GB, GH, SE, SN, SK

Extra chicken breast **+60,-**

Caesar salad

299,-

Green salad with chicken, bacon, Grana Padano
cheese, bread croutons and Caesar dressing*.

Allergens: GH, M, E, SN

**Extra sauce and potatoes are not included in this dish but are an optional extra.*

ORIGINAL SPARERIBS

Are you ready to get sticky fingers? Yes? Then go ahead and eat our spareribs with your fingers! In fact, they taste even better that way.

Always with extra sauce and potatoes



Original
spareribs

349,-

*Jensens
favourite*

Sides

Onion rings

3 pcs. Sweet and crispy beer battered onion rings.

Allergens: GH, M, GB, SK

35,-

Chicken nuggets

3 pcs. Crispy chicken nuggets.

Allergens: SK, GH, GB, GR, SE

59,-

Root vegetable chips

Crispy salty chips of potato, beets, parsnips and carrots.

59,-

Chili cheese poppers

4 pcs. Cheesy, crispy and spicy chili cheese poppers.

Allergens: SK, M, GH, GB, GR

69,-

Hotwings

3 pcs. crispy hotwings.

Allergens: S, SK

69,-

Garlic bread

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese

Allergens: GH, GB, M, SM

69,-

Bruschetta

Stone oven baked ciabatta bread with garlic parsley butter and topped with chopped squash, onion and tomatoes.

Allergens: GH, GB, M, SM

79,-

Seasonal vegetables

All our main courses are served with sauce/dip and potatoes. Fancy some greens too? Then you can order our crunchy, grilled seasonal vegetables as an accompaniment to your main course.

59,-

Sauce & potatoes

Perfect for everything!

Did you choose a dish that comes with extra sauce and potatoes?

Then we'll be happy to serve you another portion if you run out. However, we only give one portion at a time – after all, sometimes your eyes are bigger than your stomach.

Did you choose a dish that doesn't come with sauce and potatoes?

Then you have the option to buy however many sides you fancy. Choose from:

Potatoes price each. 35,-

Fries (GH, SE, SK)

Roasted potatoes

Creamy potatoes (M)

Sauce price per portion. 29,-

Bearnaise sauce (M, E)

Steakhouse sauce (S, M, SN)

Pepper sauce (S, SN, M)

Dip & butter per portion 19,-

Mayo (E, S)

Garlic dip (M, SF)

BBQ sauce (S)

Sides from just

35,-



Desserts

Soft ice

per person **139,-**

Enjoy all the soft ice you can eat and top with all our crispy, sweet toppings and sauces.

Allergens: M

Queens Delight

139,-

A crisp waffle with soft ice cream, sprinkled with chopped hazelnuts and plenty of chocolate sauce.

Allergens: E, M, GH, N, NH, S

Belgian chocolate cake

139,-

Warm chocolate cake filled with real Belgian chocolate. Served with soft ice and chopped hazelnuts.

Allergens: E, M, GH, N, NH

Nyhet

Lemon sorbet

139,-

Classic fresh lemon sorbet. Lactose free.

Allergens: E, M, S, GH, GB, GR, N, NH, NM, NP

Nyhet

Profiteroles

139,-

Cream-filled choux pastry balls. Served with soft ice and chocolate sauce.

Allergens: E, M, GH, GB, GR, N, NH, NM, NP

Irish Coffee

99,-

2 cl Tullamore Dew whiskey.

Allergens: M

4 cl **139,-**

WHAT'S YOUR FAVOURITE

coffee?

Complete your meal with a delicious cup of coffee, produced from carefully selected coffee beans from the Finca La Serrania farm in Guatemala. The beans are gently roasted by experienced baristas to give you the best taste sensation.

Bon appetit!

Coffee

Americano

Cappuccino (M)

Caffe latte (M)

Flat White (M)

Ekstra espresso shot **+15,-**

Hot cocoa (M) **59,-**

Cortado (M)

Affogato (M)

Espresso

Tea

Free choice

49,-

The sweet finale.



Queens Delight

139,-

*Jensens
favourite*

White wines

Including water

Vina Errazuriz

Estate Sauvignon Blanc, Aconcagua

Sauvignon Blanc as we know and love it with a fresh, enticing aroma of lemon zest, apples and a hint of red pepper. *Chile*

🍷 325,-

11th Hour Cellar

Chardonnay

Classic fragrance with notes of apple, orange, citrus fruit and pear. Fresh fruity taste combined with medium body and delicately acidic, ensuring the wine is balanced and crisp. *USA*

🍷 385,-
25 cl 🍷 139,-

Marchesi Antinori

Villa Antinori Bianco IGT Toscana

Elegant aroma with distinct tropical fruit accents, and hints of bell-pepper and nettle. Full-bodied, dense and rich. *Italy*

1/2 🍷 325,-

Baltasar Röss

JB Riesling Rheingau

Summery and refreshing with a sweetness that is not too overpowering but is beautifully and elegantly balanced by the acidity of the grape. *Germany*

🍷 465,- 25 cl 🍷 169,-



Rosé wine

Including water

11th Hour

White Zinfandel

Sweet Californian rosé wine with beautiful, fresh hints of raspberries and strawberries for a light, dry, summery and very fruity experience. *USA*

🍷 385,-

Red wines

Including water

Vina Errazuriz

Estate Sauvignon Cabernet

A fresh, pleasant and juicy wine with perfect acidity, sweet tannins and a delightful sensation in the mouth. *Chile*

🍷 325,-

11th Hour Cellar

Zinfandel

Soft, well-rounded wine produced from grapes from the Lodi region, the 'Epicentre' of Zinfandel. *USA*

🍷 385,-
25 cl 🍷 139,-

Cantina Colli Morenici

Valpolicella Ripasso Superiore

Ruby red colour with the aroma of red berries and spice. Soft and well-rounded with a taste of balanced acidity and fruity notes. *Italy*

🍷 465,-

Alvaro Palacios

La Montesa Rioja Crianza D.O.Q Organic

Ripe, black fruit and spicy mineral notes with a hint of forest floor, with a roasted taste. *Spain*

🍷 765,-

Joseph Drouhin

Beaujolais-Villages

Intense, elegant aroma of violets, peony and red fruit syrup. Leaves a fresh, fruity impression on the tongue. *France*

1/2 🍷 465,-

Domaine du Séminaire

Côtes-du-Rhône rouge AOP Organic

Balanced wine that strikes a balance between the well-rounded character of the wine and the fruity notes of the grapes. *France*

🍷 399,- 25 cl 🍷 149,-



Bubbles

Including water

Juvé y Camps

Cava Brut D.O Reserva

Delicious creamy bubbles with a beautiful mousse. Fruity aroma and flavour with notes of almonds and rose hips. Brilliant as an aperitif. Works really well with a starter, and also to accompany main courses with light meats. *Spain*

1/2 🍷 355,-



Cocktails

Free choice 169,-

Gin & Tonic

Whitley Neill Gin in an enchanting mix with Fever-Tree Indian Tonic. Simple and sophisticated.

Aperol Spritz

Summer served in a glass. Aperol, orange and bubbles. Plain and simple. Refreshingly delicious, with a touch of bitterness.

Mojito

A Cuban classic, that has the sweet taste of vacation. A fresh combination of mint, lime, sugar and rum.

Razz Mojito

A Cuban classic with a sweet twist. Razz Mojito is made, as the name implies with Bacardi Razz and raspberries.

Mocktails

Free choice 99,-

Refreshing green

Bitter, with a taste of cucumber.

Herbal garden

Lime and fresh mint.

Apple dream

For those who love salty caramel and apple.

Spirits

Choose between

Whiskey, Akevitt, Cognac or Baileys.

2 cl 64,-

Soft drinks

Soda is an indulgence. And right now is the perfect time to indulge – together with the ones you hold dear.

75 cl **99,-** | 50 cl **79,-** | 25 cl **69,-**



Choose between:
Pepsi, Pepsi Max, Solo, 7UP or Villa.

Juice & water

Orange juice

75 cl **99,-**
50 cl **79,-**
25 cl **59,-**

Apple juice

75 cl **99,-**
50 cl **79,-**
25 cl **59,-**

Farris

Mineral water.

59,-

Craft beer

Make it a unique experience.
Try one of our craft beers to add even
more taste to your food.



Kronenbourg 1664 Blanc

(5%) Soft creamy beer with
elements of acidity and sweet-
ness, without any bitterness.

Allergens: GB, GH

75 cl **239,-** 50 cl **169,-** 25 cl **99,-**



Brooklyn East IPA

(6.9%) Taste of grapefruit
and citrus with a hint of
caramel from malt.

Allergens: GB

75 cl **239,-** 50 cl **169,-** 25 cl **99,-**



Frydenlund Juicy IPA

(4.6%) A fresh flavour with
less bitterness than a
traditional IPA.

Allergens: GB, GH

75 cl **239,-** 50 cl **169,-** 25 cl **99,-**



Brooklyn Lager

(5.2%) A beer with citrus and
grapefruit flavours. Full-bodied
flavour, medium bitter.

Allergens: GB

75 cl **239,-** 50 cl **169,-** 25 cl **99,-**

Alcohol-free beer

Munkholm

Alcohol-free beer with a
light, full-bodied flavour.

Allergens: GB

33 cl **69,-**

Kronenbourg

Alcohol-free beer.

Allergens: GB

33 cl **79,-**

The selection may vary by season.

Beer

Carlsberg Pils

(4.6%) Light golden lager with a good balance between mild bitterness and light sweetness.

Allergens: GB

75 cl 199,-

50 cl 139,-

25 cl 89,-

Frydenlund Bayer

(4.5%) Full-bodied flavour – a good balance against moderate bitterness.

Allergens: GB

75 cl 199,-

50 cl 139,-

25 cl 89,-

Ringnes Lite

(4.3%) A gluten-free beer with a clean flavour and balanced bitterness.

Allergens: GB

33 cl 109,-

Somersby cider

(4.5%) A fresh, sparkling, natural cider with a pear flavour.

33 cl 109,-

Small pilsner

89,-



Allergens

Wheat = GH

Barley = GB

Rye = GR

Nuts = N

Hazelnuts = NH

Almonds = NM

Peanuts = NP

Milk = M

Eggs = E

Soya = S

Fish = F

Shellfish = SK

Molluscs = B

Celery = SE

Mustard = SN

Sesame seeds = SM

Lupin = L

Sulphite = SF

Remember to always inform your waiter/waitress about any allergies. They can also help to organise your meal around your allergies.



jensens.com