

Welcome to Jensens Bøfhus

Our ambition has always been to serve tender steaks, great salads and the sauces you know and love – at prices that make everyone feel welcome. And it looks like we're doing something right.

We've been the Danes' favourite steak house for the last 30 years. And we're proud of that. Because we are making an effort.

But we couldn't do it without our guests. We always listen to the feedback we receive on an ongoing basis, which means you will sometimes find new items on our menu alongside the familiar ones.

Our expert staff are ready to advise you on your selections – the steaks, the wines and the meal deals – to ensure you get the exact experience you are hoping for – and more.

On behalf of all of us at Jensens Bøfhus:

Welcome! And bon appétit!

Anders Engdahl Managing Director, Jensens Bøfhus





Every day until 4 pm

### **Jensens Lunch Steak**

170 g rump steak – a tender piece of meat without the rim of fat, but still with plenty of taste. Served with crispy sliced potatoes and steakhouse sauce.

### 230g **+50:-**

### Nachos

Crispy tortilla chips with cheddar-mozzarella and jalapeños. Served with guacamole, salsa and sour cream.

With chicken +50:-

### Scampi fritti

Tempura shrimps in crispy shells with lettuce leaves, lemon, and tartare sauce. Served with bread and butter.

### Serrano ham

Spanish air-dried ham on a base of lettuce leaves with Grana Padano flakes, tomatoes and oil. Served with bread and butter.

### **Smoked salmon**

Cold-smoked salmon served with lettuce, herbs, sun-dried tomato and sauce verte. Served with bread and butter.

### Grilled chicken thigh steak

Chicken thigh steak with crispy skin. Served with crispy sliced potatoes and bearnaise sauce.

Extra chicken thigh steak +50:-

Lunch beef patty

Tasty 100% beef patty\*. Served with butter sautéed peas, crispy fries and bearnaise sauce.

Extra beef patty +50:-

### Pork tenderloin

170 g juicy BBQ marinated fillet of pork. Served with crispy sliced potatoes and steakhouse sauce. 230 g **+40:-**

## A little extra...

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.

### 219:-

159:-

179:-

179:-

### 199:-

### e.

### 209:-

### 209:-





# Pork tenderloin

Juicy BBQ marinated fillet of pork. Served with crispy sliced potatoes and steakhouse sauce.



### Extra sauce and potatoes.

Potatoes price each Crispy fries Crispy potato slices Butter-fried potatoes Baked potato Sauce price<br/>per portion39:-Steakhouse sauceWhisky saucePepper sauceBearnaise sauce

All weights are given in the meat's unprocessed condition. We are not responsible for misprint, price changes, late delivery and sold out goods.



### Nachos

Crispy tortilla chips with cheddarmozzarella and jalapeños. Served with guacamole, salsa and sour cream.

With chicken +50:

### Classic shrimp cocktail

Tasty shrimps with lettuce and just the right red dressing. Served with a warm bun and butter.

### Scampi fritti

Tempura shrimps in crispy shells with lettuce leaves, lemon, and tartare sauce. Served with bread and butter.

### Serrano ham

Spanish air-dried ham on a base of lettuce leaves with Grana Padano flakes, tomatoes and oil. Served with bread and butter.

### Smoked salmon

Cold-smoked salmon served with lettuce, herbs, sun-dried tomato and sauce verte. Served with bread and butter.

### Garlic bread

### 49:-

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.

### Jensens Favourite snacks

Mozzarella sticks, cheese-baked jalapeños, hotwings, crispy hotwings, falafel or onion rings?

We've mixed a great snack basket with a little of each, served with BBQ sauce and garlic dip.

### 6 pcs. 119:-

- 1 pc. Hotwing
- 1 pc. Crispy hotwing
- 1 pc. Cheese-baked jalapeño
- 1 pc. Mozzarella stick
- 1 pc. Falafel
- 1 pc. Onion ring

### 12 pcs. 209:-

- 2 pcs. Hotwings
- 2 pcs. Crispy hotwings
- 2 pcs. Cheese-baked jalapeños
- 2 pcs. Mozzarella sticks
- 2 pcs. Falafel
- 2 pcs. Onion rings









You can also

mix your own

snack basket

with your

personal

favourites.



159:-

179:-

179:-

169:-

189:-

SPORTS

WEA'

# Jensens Favourite snacks

We've mixed a great snack basket with a little of each, served with BBQ sauce and garlic dip.



## Jensens classic menu

Starter

### **Classic shrimp cocktail**

Tasty shrimps served with lettuce and just the right red dressing. Served with a warm bun and butter.

### Main course

### Jensens Bearnaise steak

170g rump steak – a tender piece of meat without the rim of fat, but still with plenty of taste and character! Served with crispy fries and bearnaise sauce\*.

230g +50:-

Dessert

### Queens Delight

A crisp waffle with soft ice, sprinkled with chopped hazelnuts and plenty of chocolate sauce.

or

### Pancakes

Two delicious pancakes with soft ice, sprinkles of chopped hazelnuts and strawberry sauce.

**3-course menu** Starter, main course and dessert.

**2-course menu** Starter + main course or main course + dessert.



\*Always with extra sauce and potatoes.

# Jensens Favourite menu





### Nachos

Crispy tortilla chips with cheddar-mozzarella and jalapeños. Served with guacamole, salsa and sour cream.



### Jensens Favourite snacks

1 pc. hotwing, 1 pc. crispy hotwing, 1 pc. cheese-baked jalapeño, 1 pc. mozzarella stick, 1 pc. falafel and 1 pc. onion ring. Served with BBQ sauce and garlic dip.

or



### Pork tenderloin

170g juicy BBQ marinated fillet of pork. Served with crispy sliced potatoes and steakhouse sauce\*. 230g +40:-



### or

Classic burger Tasty 100% beef patty\*\* in a bri

Tasty 100% beef patty\*\* in a brioche bun with bacon, cheddar-mozzarella, mayo, BBQ sauce, lettuce, tomato and home-pickled red onion. Served with crispy fries and mayo.

Extra beef patty +50:-



### **Dessert** Queens Delight

A crisp waffle with soft ice, sprinkled with chopped hazelnuts and plenty of chocolate sauce.



### or

### Pancakes

Two delicious pancakes with soft ice, sprinkles of chopped hazelnuts and strawberry sauce.

### Create your own menu

With a starter, main course and dessert. Add your favourites from above. 3-course Favourite menu 439:-



\*\*Unless you request otherwise, we'll serve your steak slightly pink to ensure it's juicy and tastes just right.



At Jensens, we know our steaks. That's why all our steaks are cuts of, carved with care and fried exactly to your liking.

Always with extra sauce, potatoes and delicious grilled vegetables

Beef tenderloin

The most tender cut of beef bar none. Tenderloin has no fat marbling and is therefore also a very lean cut of meat with a lovely mild, rounded taste. Pure meat pampering.

### **Bearnaise tenderloin**

Self serve

ide dish

200 g beef tenderloin. Served with grilled vegetables\*, crispy fries and bearnaise sauce.

### Favourite tenderloin

200 g beef tenderloin. Served with grilled vegetables\*, crispy fries and steakhouse sauce.

Entrecôte

Chef's favourite! And with good reason. It's the tastiest cut of beef. A great, juicy cut for those who love a steak that's big on flavour. The fat marbling provides plenty of taste and intensity with every bite. We recommend this steak is done medium.

### Bearnaise entrecôte

280g entrecôte. Served with grilled vegetables\*, crispy fries and bearnaise sauce.

### Whisky entrecôte

280g entrecôte. Served with grilled vegetables\*, crispy fries and our brilliant whisky sauce.

### French entrecôte

280g entrecôte. Served with grilled vegetables\*, butter-fried potatoes and plenty of herb butter.



\*We serve seasonal grilled vegetables to complement your premium steak. You'll notice seasonal variations in the veggies we serve. Please ask your host/hostess if you have any questions.

469:-

469:-

469:-

469--

469:-

New

# The chef's favorite!

A great, juicy cut for those who love a steak that's big on flavour.

Bearnaise entrecôte

469:

# Time is of the essence

Rare

Medium

Well done

### - especially when cooking your steak

Tell us how you like your steak. Then we'll know how long to grill it. If you ask our opinion, we will always recommend medium, as this ensures a juicy and tender piece of meat with a beautiful pink colour. But if you want yours red or well done, all you have to do is let us know.

Steaks

Always with extra sauce and potatoes

Rump Steak

Our Signature Steak. Delicious juicy beef steak without the fat trim, but still with plenty of taste and character.

### **Jensens Favourite Steak**

170 g rump steak. Served with crispy sliced potatoes and steakhouse sauce. 230g **+50:-**

**Jensens Bearnaise Steak** 170g rump steak. Served with crispy fries and bearnaise sauce. 230g +50:-

### Jensens Garlic Steak

170 g rump steak. Served with crispy sliced potatoes and garlic butter. 230g **+50:-**

### Rump steak & salad bar

170g rump steak. Served with bread or a baked potato – and, of course, you can have as much as you like from the self-service salad bar\*.

230g +50:-

### **Beef patty**

Tasty 100% beef patty\*\*. Served with butter sautéed peas, crispy fries and bearnaise sauce. Extra beef patty +50:-

329:-



329:-

379:-

259:-

79:-

Self serve





### **Grilled vegetables**

You can order our grilled seasonal vegetables as an accompaniment to your main course. You'll notice seasonal variations in the veggies we serve. Please ask your host/hostess if you have any questions. <u>49:</u>-

### Garlic bread

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.

### Self serve salad bar

Mix your own favourite salad at our salad bar and fill the bowl as many times as you like!

\*Extra sauce and potatoes are not included in this dish but are an optional extra. \*\*Unless you request otherwise, we'll serve your steak slightly pink to ensure it's juicy and tastes just right.

# Jensens Bearnaise Steak





11th Hour Cellars 11th Hour Zinfandel

> Glass **129:-**Btl. **389:-**



Burgers

Premium

### **Bearnaise burger**

Tasty 100% beef patty\* in a brioche bun with bacon, mayo, lettuce, tomato, home-pickled red onions and bearnaise sauce. Served with crispy fries and mayo.

Extra beef patty +50:-

Premium

### Spicy burger

Tasty 100% beef patty\* in a brioche bun with bacon, cheddarmozzarella, chili mayo, lettuce, tomato, home-pickled red onions and jalapeños. Served with crispy fries and chili mayo.

Extra beef patty +50:-

#### Premium

#### Beastburger

Tasty 100% beef patty\* in a brioche bun with bacon, cheddarmozzarella, thyme mayo, BBQ marinade, caramelised onions, lettuce and crispy onion rings. Served with crispy fries and mayo.

Extra beef patty +50:-

### Classic burger

Tasty 100% beef patty\* in a brioche bun with bacon, cheddarmozzarella, mayo, BBQ sauce, lettuce, tomato and homepickled red onion. Served with crispy fries and mayo.

Extra beef patty +50:-

### Chicken burger

Grilled chicken breast in a brioche bun with bacon, cheddarmozzarella, mayo, BBQ sauce, salad, tomato and home-pickled red onion. Served with crispy fries and mayo.

### Vegetarian burger

Plant-based patty in brioche bun with cheddar-mozzarella, mayo, BBQ sauce, lettuce, tomato and home-pickled red onion. Served with crispy fries and mayo.

Extra veggie patty +50:-

#### Vegan?

If you are a vegan, we'll prepare your veggie burger without cheese and mayo, and serve it in a gluten-free bun, baked without butter.

Snacks to go with your burger:				
Chili cheese poppers 5 pcs. 44:-				
Chicken nuggets 3 pcs. 44:-				
Hotwings 3 pcs.	59:-			

### Extras to go with your burger:

Cheese	19:-
Bacon	19:-
Caramelised onions	19:-
Onion rings 3 pcs.	39:-



<u> 249</u>--

Perfect snacks for your burger

<u> 249:-</u>

### 249:-

\*Unless you request otherwise, we'll serve your steak slightly pink to ensure it's juicy and tastes just right.



249:-

<u>249'-</u>

# Jensens Bearnaise burger

Bearnaise in a burger? Yes, please! You get a tasty 100% beef patty in a brioche bun with bacon, mayo, lettuce, tomato, home-pickled red onions and plenty of bearnaise sauce. Served with crispy fries and mayo.

> Jensens favourite





Always with extra sauce and potatoes

	<b>Original Spa</b> marinated, melt-in-the-m ved with crispy fries, BBQ	outh tender sparerib	s.
	Small 300 g	269:-	
	Medium 450g	299:-	
	All you can eat	399:-	
	BBQ marinated fillet of p d potatoes and steakhou		259:-
Chicken thi crispy slice	<b>hicken thigh steak</b> gh steak with crispy skin. S d potatoes and bearnaise ten thigh steak <b>+50:-</b>		259:-
Tender chiesliced pota	t <b>hicken breast</b> cken breast. Served with o toes and steakhouse sau ten breast <b>+50:-</b>		299:-
A really juid with bread as you like f	<b>&amp; salad bar</b> cy chicken thigh steak with or a baked potato – and, of from the self-service salad l cen thigh steak <b>+50:-</b>	course, have as much	299:-
Salmon 180g Nord			309:-
180g Nord bread or a	<b>fillet &amp; salad bar</b> ic salmon fillet with herb baked potato – and, of co from the self-service sala	urse, have as much	359:-

\*Extra sauce and potatoes are not included in this dish but are an optional extra.

## ALL YOU CAN EAT

Spareribs | Fries | Coleslaw

# ORIGINAL Spareribs



Sides	
Onion rings 3 sweet onion rings baked in crispy beer batter.	39:
Warm bread and butter	39:
<b>Chili cheese poppers</b> 5 pcs. cheesy, spicy and spicy chili cheese poppers.	44:
Nuggets 3 crispy chicken nuggets.	44:
<b>Garlic bread</b> Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.	49:
Hotwings 3 BBQ-marinated, succulent hotwings.	59:
Grilled vegetables You can order our grilled seasonal vegetables as	79:

an accompaniment to your main course. You'll notice seasonal variations in the veggies we serve. Please ask your host/hostess if you have any questions.



Did you choose a dish that comes with extra sauce and potatoes?

Perfect for everything!

Then we'll be happy to serve you another portion if you run out.

However, we only give one portion at a time – after all, sometimes your eyes are bigger than your stomach.

### Did you choose a dish that doesn't come with sauce and potatoes?

Then you have the option to buy however many sides you fancy. Choose from:

### Potatoes price each

New

Crispy fries Crispy potato slices Butter-fried potatoes Baked potato with herb butter, garlic butter or sourcream & chives

49:-

### Sauce price 39:-

Steakhouse sauce Whisky sauce Pepper sauce Bearnaise sauce

### Dip & butter per portion 29:-

Mayo Chilli mayo Ketchup Garlic dip BBQ sauce Sourcream & chives Garlic butter Herb butter



Mix your own favourite salad at our salad bar and fill the bowl as many times as you like!

Self serve	
salad bar	219:-
As a main course, incl bread or a baked pota herb butter.	-
With chickon thigh stop	299'-

with chicken thigh steak	200.
With salmon fillet	359:-
With rump steak	379:-

Self serve salad bar 119:-As an accompaniment to your main course.

Self serve salad bar 129:-As an accompaniment to your main course including bread and butter.

### Steak salad

Crunchy lettuce with rump steak, croutons, pickled onions and Béarnaise cream. Served with bread and butter.



New

### Caesar salad

Crispy romaine lettuce with tender chicken breast, croutons, Grana Padano flakes, tomatoes and Caesar dressing. Served with bread and butter.

### New Salad with smoked salmon

Crispy lettuce leaves, herb dressing and dill topped with cold-smoked salmon. Served with bread and butter.

**269:-**<sup>15,</sup>

269:-

269:-



# Desserts

<b>Queens Delight</b> A crisp waffle with soft ice, sprinkled with chopped hazelnuts and plenty of chocolate sauce.	99:-
Self-service soft ice per person All-you-can-eat soft ice, decorated with any of our crispy sweet toppings and sauces.	99:-
<b>Chocolate Fondant</b> Warm chocolate fondant cake filled with genuine Belgian chocolate. Served with soft ice and chopped hazelnuts.	99:-
<b>Pancakes</b> Two delicious pancakes with soft ice, sprinkles of chopped hazelnuts and strawberry sauce.	99:-
Profiteroles Cream-filled choux pastry balls. Served with soft ice and chocolate sauce.	99:-
Lemon sorbet Classic fresh lemon sorbet. Lactose free.	99:-
Irish Coffee Freshly brewed coffee with 2 cl Tullamore Dew whiskey, topped with whipped cream. 4 cl +39:-	119:-
Karlsson Coffee Freshly brewed coffee with 2 cl Baileys and 2 cl Cointreau topped with whipped cream.	159:-

WHY SAY GOODBYE WHEN YOU CAN STAY FOR

Coffee / Tea Caffe latte Americano Espresso Cappucino Flat White Cortado Affogato Hot cocoa ee: Free choice 49:-

Extra espresso shot +15:-

**Rum - Cartavio XO** (3 cl) Complex, sophisticated aroma. Lingering aftertaste of caramel, vanilla, butter and nut.

**Cognac - Daniel Bouju Selection** (3 cl) Delicious aroma, with floral hints blending with overtones from the cask.

**Baileys** (3 cl) Baileys Original is a cream liqueur. A blend of Irish whiskey, cream, sugar and chocolate. 89:-

139:-

49:-

# The sweet finale.



Including Vina Errazuriz	g water	<b>1</b> 339:
Estate Sauvignon Blanc, Aconcagua Sauvignon Blanc as we know and love it aroma of lemon zest, apples and a hint c	I PROFESSION OF TROUBLE OF OUTSING CENTRAL PROFESSION	<b>L</b> 333.
Marchesi Antinori Villa Antinori Bianco IGT Toscana Elegant aroma with distinct tropical frui of bell-pepper and nettle. Full-bodied, d	t accents, and hints	1/2 🕻 339:
Baltasar Ress JB Riesling Rheingau Summery and refreshing with a sweetnes overpowering but is beautifully and eleg by the acidity of the grape. Germany	antly balanced	<b>449</b> : <b>1</b> 59:
Red U Includin Vina Errazuriz Estate Sauvignon Cabernet	ng water	<b>b</b> 339:
A fresh, pleasant and juicy wine with per tannins and a delightful sensation in the <b>11th Hour Cellars</b> Zinfandel Soft, well-rounded wine produced from ;	mouth. Chile	<b>b</b> 389 <b>1</b> 129
region, the 'Epicentre' of Zinfandel. USA <b>Cantina Colli Morenici</b> <b>Valpolicella Ripasso Superiore</b> Ruby red colour with the aroma of red bu		<b>6</b> 449:
well-rounded with a taste of balanced a Joseph Drouhin Beaujolais-Villages Intense, elegant aroma of violets, peony Leaves a fresh, fruity impression on the t	and red fruit syrup.	1/2 0 449
Alvaro Palacios La Montesa Rioja Crianza D.O.Q Organic Ripe, black fruit and spicy mineral notes Floor, with a roasted taste. Spain		<b>c</b> 709
Ith Hour Cellars	Domaine du Séminaire Côtes-du-Rhône rouge	Jensen favouni

Classic fragrance with notes of apple, orange, citrus fruit and pear. Fresh fruity taste combined with medium body and delicately acidic, ensuring the wine is balanced and crisp. USA

### Côtes-du-Rhône rouge **AOP Organic**

Balanced wine that strikes a balance between the well-rounded character of the wine and the fruity notes of the grapes. France

389:- 139:-





C 389:- 129:-



Single (3 cl) 149:- | Double (6 cl) 214:-

### Jensens selected European gin.

### Italy

### Silvio Carta Gin Gillo | Mediterranean Tonic | Lemon zest/lemon

The gin comes from Sardinia and has a super-soft, elegant flavour of the most delicious lemons.

### UK

### Didsbury Blood Orange & Ginger | Mediterranean Tonic | Orange/ rosemary

Delicious warm gin from Manchester with lots of blood orange flavour.

Germany Knut Hansen Dry Gin | Mediterranean Tonic | Cucumber Award-winning dry gin from Hamburg with a taste of cucumber, basil and juniper.

### France

Christian Drouin Le Gin | Mediterranean Tonic | Apple Delicious French gin made from cider from 30 different apple varieties.

### Jensens selected drinks.

### Spritz

Silvio Carta Aspide | Bubbles | Sparkling water | Orange Spritz as we know it, with the most amazing liqueur from Sardinia.

### Gin Hass Silvio Carta Gin Gillo | Lemon | Mango syrup A sweet drink combining lemon and mango.

Caribbean delight

The Rum Factory Black Cask | Ginger Ale | Lime An elegant, refreshing new take on the familiar Dark'n'Stormy.

### Non-alcoholic Everleaf Marine Aperitif | Mediterranean Tonic | Lemon Your senses are whisked away to the Mediterranean with a mixture of

umami-seaweedwoodlands, bergamot and tropical sea buckthorn.

Bubbles & Rosé wine

### **Including** water

### 11th Hour Cellars White Zinfandel



Sweet Californian rosé wine with beautiful, fresh hints of raspberries and strawberries for a light, dry, summery and very fruity experience. USA

### Juvé y Camps Cava Brut D.O Reserva

Delicious creamy bubbles with a beautiful mousse. Fruity aroma and flavour with notes of almonds and rose hips. Brilliant as an aperitif. Works really well with a starter, and also to accompany main courses with light meats. Spain





Soda is an indulgence. And right now is the perfect time to indulge – together with the ones you hold dear.

### 75 cl 64:- | 50 cl 54:- | 25 cl 39:-

Remember you can get refills on soft drinks



Pepsi Pepsi Max 7UP Zingo

**Refill** Per person. For soft drinks. per refill **39:-**

Juice & water

**Mineral water** 

50 cl **39:-**25 cl **29:-** Orange juice 100% juice from Valsølille. 75 cl **69:-**50 cl **59:-**25 cl **39:-**

Water Per person. 19:-

Apple juice
75 cl 69: 

100% juice
50 cl 59: 

from Valsølille.
25 cl 39:





### Brooklyn

Defender IPA		129:-
(5,5%) Featuring tropical notes, hop bitterness	60 cl	109:-
and a dry finish.	40 cl	79:-

	Eriksberg Karaktär	75 cl	117:-
7	(5,4%) Clear and balanced, with bitter	60 cl	99:-
	hops and lovely aromas.	40 cl	72:-

۲.	Staropramen	75 cl	129:-
	(5%) Smooth taste and a gentle bitterness with	60 cl	109:-
	notes of newly cut hay.	40 cl	79:-

	(29)	١
3	ACK IPS	l

Rarop

33 cl btl. 79:-NCB J.a.c.k IPA (4,5%) Clear bitter elements of blood grapefruit, mango, passion fruit, herbs and pine resin.

33 cl btl. 79:-

75 cl 107:-Carlsberg Hof (4,2%) Malty taste with 60 cl 89:elements of citrus, light 40 cl 66:bread and honey.

117:-
99:-
72:-

Somersby (4,5%) Cloudy pear.

Somersby - non alcoholic (0%) Sparkling rosé.

Carlsberg ekologisk Non Alcoholic (0,5%) Fresh taste with a clean finish and a bit of bitterness.

Btl. 39:-

Btl. 59:-

Btl. 49:-

### Kronenbourg 1664 Blanc



40 cl beer from 66-





COPENHAGEN



### more good reasons to spend time together.

### Earn discount points

As a Club Jensens member, you earn points every time you eat here or pick up a take-away (excluding drinks). The points can be used to pay on your next visit\*.

### Welcome gift

When you sign up, we'll add 2000 points to your account within seven days of activation. That's equivalent to DKK 100 that you can spend the next time you're back\*.

### **Dessert on your birthday**

We'll give you and your whole party a dessert if you invite the family for a birthday celebration at Jensens Bøfhus – valid for use from one week before until one week after your birthday.

### **Child discount every Sunday**

Every Sunday, children (up to age 12) of Club members qualify for an optional children's main course and a self-service soft ice cream for HALF PRICE\*.

### **Questions?**

Ask your host/ess if you're curious about Club Jensens.

\*Terms and Conditions and enrolment form are available at: www.clubjensens.se