## Welcome to lensens Bofheus

Our ambition has always been to serve tender steaks, great salads and the sauces you know and love - at prices that make everyone feel welcome. And it looks like we're doing something right.

We've been the Danes' favourite steak house for the last 30 years. And we're proud of that.

Because we are making an effort.
But we couldn't do it without our guests. We always listen to the feedback we receive on an ongoing basis, which means you will sometimes find new items on our menu alongside the familiar ones.

Our expert staff are ready to advise you on your selections - the steaks, the wines and the meal deals - to ensure you get the exact experience you are hoping for - and more.

On behalf of all of us at Jensens Bøfhus:

> Welcome!
> And bon appétit!

Anders Engdahl
Managing Director, Jensens Bøfhus

## Jensens Lunch Steak <br> 219:-

170 g rump steak - a tender piece of meat without the rim of fat, but still with plenty of taste. Served with crispy sliced potatoes and steakhouse sauce.
$230 \mathrm{~g}+50$ :-
Nachos
Crispy tortilla chips with cheddar-mozzarella and jalapeños. Served with guacamole, salsa and sour cream.
With chicken +50 :-
Scampi fritti
179:-
Tempura shrimps in crispy shells with lettuce leaves, lemon, and tartare sauce. Served with bread and butter.
Serrano ham 179:-
Spanish air-dried ham on a base of lettuce leaves with Grana Padano flakes, tomatoes and oil.
Served with bread and butter.

## New

Smoked salmon
189:-
Cold-smoked salmon served with lettuce, herbs, sun-dried tomato and sauce verte. Served with bread and butter.
Grilled chicken thigh steak
199:-
Chicken thigh steak with crispy skin. Served with crispy sliced potatoes and bearnaise sauce.
Extra chicken thigh steak +50 :-
Lunch beef patty
209:-
Tasty $100 \%$ beef patty*. Served with butter
sautéed peas, crispy fries and bearnaise sauce.
Extra beef patty $\mathbf{+ 5 0}$ :-
Pork tenderloin
209:-
170 g juicy BBQ marinated fillet of pork. Served with crispy sliced potatoes and steakhouse sauce.
$230 \mathrm{~g}+40$ :-

## A little extra...

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.

[^0] to ensure it's juicy and tastes just right.

Juicy BBQ marinated fillet of pork. Served with crispy sliced potatoes and steakhouse sauce.

## Pork tenderloin

## Extra sauce and potatoes.

| Potatoes <br> price each <br> Crispy fries | Sauce price <br> per portion |
| :--- | :--- |
| Crispy potato slices | Steakhouse sauce |
| Butter-fried potatoes | Whisky sauce |
| Baked potato | Pepper sauce <br> Bearnaise sauce |

## Startera



## Nachos

Crispy tortilla chips with cheddarmozzarella and jalapeños. Served with guacamole, salsa and sour cream. With chicken $+50:$

## Classic shrimp cocktail

Tasty shrimps with lettuce and just the right red dressing. Served with a warm bun and butter.


Scampi fritti 179:-
Tempura shrimps in crispy shells with lettuce leaves, lemon, and tartare sauce. Served with bread and butter.


## Serrano ham

Spanish air-dried ham on a base of lettuce leaves with Grana Padano flakes, tomatoes and oil. Served with bread and butter.


Smoked salmon
Cold-smoked salmon served with lettuce, herbs, sun-dried tomato and sauce verte. Served with bread and butter.

## Garlic bread

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.

## Jensens Favourite snacks

Mozzarella sticks, cheese-baked jalapeños, hotwings, crispy hotwings, falafel or onion rings?

We've mixed a great snack basket with a little of each, served with BBQ sauce and garlic dip.

You can also mix your own snack basket with your personal favourites.
densers favourcito

6 prs. 119:-
1 pc. Hotwing
1 pc. Crispy hotwing
1 pc. Cheese-baked jalapeño
1 pc. Mozzarella stick
1 pc. Falafel
1 pc. Onion ring
12 pcs. 209:-
2 pcs. Hotwings
2 pcs. Crispy hotwings
2 pcs. Cheese-baked jalapeños
2 pcs. Mozzarella sticks
2 pcs. Falafel
2 pcs. Onion rings

## Jensens Favourite snacks

We've mixed a great snack basket with a little of each, served with BBQ sauce and garlic dip.

12 pcs.
209:-


ABNO

## Jensens classic menu

## Stanter

## Classic shrimp cocktail

Tasty shrimps served with lettuce and just the right red dressing. Served with a warm bun and butter.

## Main course

## Jensens Bearnaise steak

170 g rump steak - a tender piece of meat without the rim of fat, but still with plenty of taste and character! Served with crispy fries and bearnaise sauce*.
$230 \mathrm{~g}+50$ :-

## Dessent

## Queens Delight

A crisp waffle with soft ice, sprinkled with chopped hazelnuts and plenty of chocolate sauce.

## Pancakes

Two delicious pancakes with soft ice, sprinkles of chopped hazelnuts and strawberry sauce.

## 3-course menu

Starter, main course and dessert.

## 2-course menu

Starter + main course or main course + dessert.


## Jensens Favourite menu

## Starter

## Nachos

Crispy tortilla chips with cheddar-mozzarella and jalapeños. Served with guacamole, salsa and sour cream.
or

## Jensens Favourite snacks

1 pc. hotwing, 1 pc. crispy hotwing, 1 pc. cheese-baked jalapeño, 1 pc. mozzarella stick, 1 pc. falafel and 1 pc. onion ring. Served with BBQ sauce and garlic dip.

## Main counse

## Pork tenderloin

170 g juicy BBQ marinated fillet of pork. Served with crispy sliced potatoes and steakhouse sauce*.
$230 \mathrm{~g}+40$ :-

## or



## Queens Delight

A crisp waffle with soft ice, sprinkled with chopped hazelnuts and plenty of chocolate sauce.

## or

## Pancakes

Two delicious pancakes with soft ice, sprinkles of chopped hazelnuts and strawberry sauce.

## Create your own menu

With a starter, main course and dessert. Add your favourites from above.


## Premium steaks

 our steaks are cuts of, carved with care and fried exactly to your liking.
## Always with extra sauce, potatoes and delicious grilled vegetables

## Beeftenderloin

The most tender cut of beef bar none. Tenderloin has no fat marbling and is therefore also a very lean cut of meat with a lovely mild, rounded taste. Pure meat pampering.

## Bearnaise tenderloin

200 g beef tenderloin. Served with grilled vegetables*, crispy fries and bearnaise sauce.

## Favourite tenderloin

200 g beef tenderloin. Served with grilled
vegetables*, crispy fries and steakhouse sauce.

## Entrecôte

Chef's favourite! And with good reason. It's the tastiest cut of beef. A great, juicy cut for those who love a steak that's big on flavour. The fat marbling provides plenty of taste and intensity with every bite. We recommend this steak is done medium.

## Bearnaise entrecôte

280 g entrecôte. Served with grilled vegetables*, crispy fries and bearnaise sauce.

## Whisky entrecôte

280 g entrecôte. Served with grilled vegetables*, crispy fries and our brilliant whisky sauce.

## French entrecôte

 469:-280 g entrecôte. Served with grilled vegetables*, butter-fried potatoes and plenty of herb butter.

## Grilled vegetables

*We serve seasonal grilled vegetables to complement your premium steak. You'll notice seasonal variations in the veggies we serve. Please ask your host/hostess if you have any questions.


## Always with extra sauce and potatoes

## Rumpsteak

Our Signature Steak. Delicious juicy beef steak without the fat trim, but still with plenty of taste and character.
Jensens Favourite Steak ..... 329:-
170 g rump steak. Served with crispy slicedpotatoes and steakhouse sauce.$230 \mathrm{~g}+50$ :-Jensens Bearnaise Steak329:-
170 g rump steak. Served with crispy fries and bearnaise sauce.
$230 \mathrm{~g}+50$ :-
Jensens Garlic Steak ..... 329:-170 g rump steak. Served with crispysliced potatoes and garlic butter.
$230 \mathrm{~g}+50$ :-
Rump steak \& salad bar379:-170 g rump steak. Served with bread or a bakedpotato - and, of course, you can have as much as youlike from the self-service salad bar*.
$230 \mathrm{~g}+50$ :-
Beef patty ..... 259:-
Tasty $100 \%$ beef patty**. Served with butter
sautéed peas, crispy fries and bearnaise sauce.
Extra beef patty +50 :-
A little extra...

## Grilled vegetables

You can order our grilled seasonal vegetables as an accompaniment to your main course. You'll notice seasonal variations in the veggies we serve. Please ask your host/hostess if you have any questions.

## Garlic bread

Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.

## Self serve salad bar

Mix your own favourite salad at our salad bar and fill the bowl as many times as you like!


## Jensens Bearnaise Steak



## Burgers

## Always with extra dips and fries

## Premium

## Bearnaise burger 249:-

Tasty $100 \%$ beef patty* in a brioche bun with bacon, mayo, lettuce, tomato, home-pickled red onions and bearnaise sauce. Served with crispy fries and mayo.
Extra beef patty +50 :-mozzarella, chili mayo, lettuce, tomato, home-pickled redonions and jalapeños. Served with crispy fries and chili mayo.

Extra beef patty $\mathbf{+ 5 0}$ :-
Premium

## Beastburger

Tasty $100 \%$ beef patty ${ }^{*}$ in a brioche bun with bacon, cheddarmozzarella, thyme mayo, BBQ marinade, caramelised onions, lettuce and crispy onion rings. Served with crispy fries and mayo.
Extra beef patty +50 :-
Classic burger
Tasty $100 \%$ beef patty ${ }^{*}$ in a brioche bun with bacon, cheddarmozzarella, mayo, BBQ sauce, lettuce, tomato and homepickled red onion. Served with crispy fries and mayo.
Extra beef patty +50 :-
Chicken burger
249:-
Grilled chicken breast in a brioche bun with bacon, cheddarmozzarella, mayo, BBQ sauce, salad, tomato and home-pickled red onion. Served with crispy fries and mayo.

## Vegetarian burger

Plant-based patty in brioche bun with cheddar-mozzarella, mayo, BBQ sauce, lettuce, tomato and home-pickled red onion. Served with crispy fries and mayo.
Extra veggie patty +50 :-

## Vegan?



## Jensens Bearnaise burger

Bearnaise in a burger? Yes, please! You get a tasty 100 \% beef patty in a brioche bun with bacon, mayo, lettuce, tomato, home-pickled red onions and plenty of bearnaise sauce. Served with crispy fries and mayo.

## Original Spareribs

BBQ marinated, melt-in-the-mouth tender spareribs. Served with crispy fries, BBQ sauce and coleslaw.

| Small 300 g | 269:- |
| :--- | :--- |
| Medium 450 g | 299:- |
| All you can eat | $399:-$ |Pork tenderloin259:-170 g juicy BBQ marinated fillet of pork. Served withcrispy sliced potatoes and steakhouse sauce.$230 \mathrm{~g}+40:-$

Grilled chicken thigh steak ..... 259:-
Chicken thigh steak with crispy skin. Served with crispy sliced potatoes and bearnaise sauce.
Extra chicken thigh steak +50 :-
Grilled chicken breast ..... 299:-Tender chicken breast. Served with crispysliced potatoes and steakhouse sauce.Extra chicken breast +50 :-
Chicken \& salad bar ..... 299:-A really juicy chicken thigh steak with crispy skin. Servedwith bread or a baked potato - and, of course, have as muchas you like from the self-service salad bar.*
Extra chicken thigh steak +50 :-
Salmon fillet ..... 309:-
180 g Nordic salmon fillet with herb butter. Served with butter-fried potatoes and bearnaise sauce.
Salmon fillet $\mathcal{\&}$ salad bar ..... 359:-180 g Nordic salmon fillet with herb butter. Served withbread or a baked potato - and, of course, have as muchas you like from the self-service salad bar.*

## ALL YOU CAN EAT

Spareribs | Fries | Coleslaw

# ORIGNAL SPARERIBS 



## Onion rings <br> 39:-

3 sweet onion rings baked in crispy beer batter.

## Warm bread and butter 39:-

## Chili cheese poppers

 44:-5 pcs. cheesy, spicy and spicy chili cheese poppers.

## Nuggets

 44:-3 crispy chicken nuggets.

## Garlic bread 49:- <br> Stone-oven baked ciabatta bread spread with garlic and parsley butter and topped with melted cheddar and mozzarella. Also available without cheese.

Hotwings ..... 59:-
3 BBQ-marinated, succulent hotwings.

## New Grilled vegetables

 79:-You can order our grilled seasonal vegetables as an accompaniment to your main course. You'll notice seasonal variations in the veggies we serve. Please ask your host/hostess if you have any questions.

Salle | Did you choose a dish that comes |
| :---: |
| with extra sauce and potatoes? |

Then we'll be happy to serve you another
portion if you run out.
everything!

## Mix your own favourite salad at our salad bar and fill the bowl as many times as you like!

## Self serve salad bar <br> 219:-

As a main course, including bread or a baked potato with herb butter.
With chicken thigh steak 299:-
With salmon fillet 359:-
With rump steak

Self serve salad bar
As an accompaniment to your main course.

## Self serve

 salad bar 129:-As an accompaniment to your main course including bread and butter.

## Nell

## Steak salad

 269:-Crunchy lettuce with rump steak, croutons, pickled onions and Béarnaise cream. Served with bread and butter.

## Nelv

Caesar salad
269:-
Crispy romaine lettuce with tender chicken breast, croutons, Grana Padano flakes, tomatoes and Caesar dressing. Served with bread and butter.

Salad with smoked salmon
269:-
Crispy lettuce leaves, herb dressing and dill topped with cold-smoked salmon. Served with bread and butter.

Self serv salad bar 49:-
1 bowl of salad to your main course

## Desserts

## Queens Delight

99:-
A crisp waffle with soft ice, sprinkled with chopped hazelnuts and plenty of chocolate sauce.

## Self-service soft ice

All-you-can-eat soft ice, decorated with any of our crispy sweet toppings and sauces.

## Chocolate Fondant

Warm chocolate fondant cake filled with genuine Belgian chocolate. Served with soft ice and chopped hazelnuts.

## Pancakes

99:-
Two delicious pancakes with soft ice, sprinkles of chopped hazelnuts and strawberry sauce.

## Profiteroles

99:-
Cream-filled choux pastry balls.
Served with soft ice and chocolate sauce.

## Lemon sorbet 99:- <br> Classic fresh lemon sorbet. Lactose free.

Irish Coffee
Freshly brewed coffee with 2 cl Tullamore Dew whiskey, topped with whipped cream.
$4 \mathrm{cl}+39$ :-
Karlsson Coffee 159:-
Freshly brewed coffee with 2 cl Baileys and 2 cl Cointreau topped with whipped cream.


## Avec

Rum - Cartavio XO (3 cl)
Complex, sophisticated aroma. Lingering aftertaste of caramel, vanilla, butter and nut.

Cognac - Daniel Bouju Selection (3 cl) 89:-
Delicious aroma, with floral hints blending with overtones from the cask.
Baileys (3 cl)
49:-
Baileys Original is a cream liqueur. A blend of Irish whiskey, cream, sugar and chocolate.

# The sweet finale. 

# White wines 

## Including water

## Vina Errazuriz

## Estate Sauvignon Blanc, Aconcagua

Sauvignon Blanc as we know and love it with a fresh, enticing aroma of lemon zest, apples and a hint of red pepper. Chile

## Marchesi Antinori

## Villa Antinori Bianco IGT Toscana

Elegant aroma with distinct tropical fruit accents, and hints of bell-pepper and nettle. Full-bodied, dense and rich. Italy

## Baltasar Ress

## JB Riesling Rheingau

Summery and refreshing with a sweetness that is not too overpowering but is beautifully and elegantly balanced by the acidity of the grape. Germany

## Red wines

Including water

## Vina Errazuriz

## Estate Sauvignon Cabernet

A fresh, pleasant and juicy wine with perfect acidity, sweet tannins and a delightful sensation in the mouth. Chile

## 11th Hour Cellars

Zinfandel
Soft, well-rounded wine produced from grapes from the Lodi region, the 'Epicentre' of Zinfandel. USA

## Cantina Colli Morenici

Valpolicella Ripasso Superiore
Ruby red colour with the aroma of red berries and spice. Soft and well-rounded with a taste of balanced acidity and fruity notes. Italy

## Joseph Drouhin

## Beaujolais-Villages

Intense, elegant aroma of violets, peony and red fruit syrup.
Leaves a fresh, fruity impression on the tongue. France

## Alvaro Palacios

## La Montesa Rioja Crianza D.O.Q Organic

Ripe, black fruit and spicy mineral notes with a hint of forest floor, with a roasted taste. Spain

## 11th Hour Cellars

 ChardonnayClassic fragrance with notes of apple, orange, citrus fruit and pear. Fresh fruity taste combined with medium body and delicately acidic, ensuring the wine is balanced and crisp. USA

Domaine du Séminaire Côtes-du-Rhône rouge AOP Organic Balanced wine that strikes a balance between the well-rounded character of the wine and the fruity notes of the grapes. France

## Drines

Single (3 cl) 149:- - | Double. 6 cl) 214:Jensens selected European gin.

## Italy

Silvio Carta Gin Gillo IMediterranean Tonic | Lemon zest/lemon
The gin comes from Sardinia and has a super-soft, elegant flavour of the most delicious lemons.

## UK

Didsbury Blood Orange \& Ginger | Mediterranean Tonic | Orange/ rosemary
Delicious warm gin from Manchester with lots of blood orange flavour.

Germany
Knut Hansen Dry Gin | Mediterranean Tonic | Cucumber
Award-winning dry gin from Hamburg with a taste of cucumber, basil and juniper.

## France

## Christian Drouin Le Gin |

 Mediterranean Tonic | AppleDelicious French gin made from cider from 30 different apple varieties.

## Jensens selected drinks.

## Spritz <br> Silvio Carta Aspide | Bubbles | Sparkling water I Orange

Spritz as we know it, with the most amazing liqueur from Sardinia.

Gin Hass
Silvio Carta Gin Gillo | Lemon | Mango syrup
A sweet drink combining lemon and mango.

## Caribbean delight The Rum Factory Black Cask I Ginger Ale | Lime

An elegant, refreshing new take on the familiar Dark'n'Stormy.

Non-alcoholic Everleaf Marine Aperitif | Mediterranean Tonic | Lemon Your senses are whisked away to the Mediterranean with a mixture of umami-seaweedwoodlands, bergamot and tropical sea buckthorn.

## Bubbles \& Rosé wine

## Including water

## 11th Hour Cellars

## White Zinfandel

Sweet Californian rosé wine with beautiful, fresh hints of raspberries and strawberries for a light, dry, summery and very fruity experience. USA

## Softatrinks

Soda is an indulgence. And right now is the perfect time to indulge - together with the ones you hold dear.

```
    75cl 64:- | 50 cl 54:- | 25cl 39:-
```

Remember you can get refills on soft drinks


Pepsi

Pepsi Max
7UP
Zingo

Refill
Per person.
For soft drinks.

## Juice \& water

| Mineral water | $50 \mathrm{cl} 39:-$ <br> $25 \mathrm{cl} 29:-$ | Orange juice <br> $100 \%$ juice <br> from Valsolille. | $75 \mathrm{cl} 69:-$ <br> $50 \mathrm{cl} 59:-$ <br> $25 \mathrm{cl} 39:-$ |
| :--- | :---: | :--- | :--- |
| Water <br> Per person. | 19:- | Apple juice <br> $100 \%$ juice <br> from Valsolille. | $75 \mathrm{cl} 69:-$ <br> $50 \mathrm{cl} 59:-$ <br> $25 \mathrm{cl} 39:-$ |

## Cnafit beer \& beer

## Eriksberg Karaktär 75 cl 117:- $\begin{array}{ll}\text { (5,4\%) Clear and } \\ \text { balanced, with bitter } \\ \text { hops and lovely aromas. } & 60 \mathrm{cl} \\ \text { 99:- }\end{array}$

 Staropramen(5\%) Smooth taste and
a gentle bitterness with
notes of newly cut hay. Staropramen
(5\%) Smooth taste and
a gentle bitterness with
notes of newly cut hay. Staropramen
(5\%) Smooth taste and
a gentle bitterness with
notes of newly cut hay.

75cl 129:Defender IPA (5,5\%) Featuring tropical notes, hop bitterness and a dry finish.

75cl 129:60cl 109:40 cl 79:-

NCB J.a.c.k IPA
(4,5\%) Clear bitter elements of blood grapefruit, mango, passion fruit, herbs and pine resin.

Carlsberg Hof $\quad 75 \mathrm{cl}$ 107:-
(4,2\%) Malty taste with elements of citrus, light bread and honey.

Carlsberg Export
(5\%) Fresh taste with a clean finish and a bit of bitterness.

75 cl 117:-
60cl 99:-
40cl 72:-

Somersby
Btl. 59:-
(4,5\%) Cloudy pear.
Btl. 49:-

33 cl btl. 79:-
(0\%) Sparkling rosé.
Carlsberg

- ekologisk

Somersby

- non alcoholic

Non Alcoholic
(0,5\%) Fresh taste with a clean finish and a bit of bitterness.

## Kronenbourg 1664 Blanc <br> (5\%) Soft creamy beer with elements of acidity and sweetness, without any bitterness.

## 40 cl beer from

66:

## club JENSENS

## - more good reasons to spend time together.

## Earn discount points

As a Club Jensens member, you earn points every time you eat here or pick up a take-away (excluding drinks). The points can be used to pay on your next visit*.

## Welcome gift

When you sign up, we'll add 2000 points to your account within seven days of activation. That's equivalent to DKK 100 that you can spend the next time you're back*.

## Dessert on your birthday

We'll give you and your whole party a dessert if you invite the family for a birthday celebration at Jensens Bøfhus - valid for use from one week before until one week after your birthday.

## Child discount every Sunday

Every Sunday, children (up to age 12) of Club members qualify for an optional children's main course and a self-service soft ice cream for HALF PRICE*.

## Questions?

Ask your host/ess if you're curious about Club Jensens.
*Terms and Conditions and enrolment form are available at: www.clubjensens.se


[^0]:    *Unless you request otherwise, we'll serve your steak slightly pink

